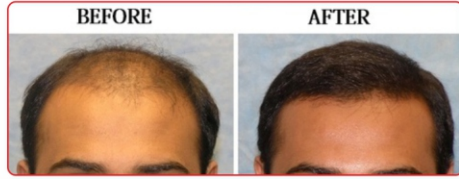


“Skin treatments are not a mask that cover you, rather they are the weapon that help you express what you are from inside.”

Hair transplant surgery



Hair transplant surgery involves removal of hair follicles from one part of the body (donor site) and transferring to the bald or balding part of the body (recipient site).

Essentials of skin and hair care

- Keep yourself hydrated. Drink a lot of water and fruit juices.
- Cleanse your skin using suitable cleanser for your skin type.
- Keep away from foam and avoid over-washing your face.
- Tone your skin to remove traces of cleanser left after cleansing to tighten your skin and prepare it for absorption of serums and creams and reduce pores, and help regulate oil production and secretion.
- Apply 1-2 drops of antioxidant serum all over the face and neck and 1-2 drops of eye serum around the eye area of both eyes.
- Moisturize....Moisturize.....Moisturize...Keep your skin hydrated by investing in a good cream or moisturizer and applying it all over your eyes, face, and body soon after washing. Don't forget your hands and feet.
- Apply sunscreen everyday and reapply it every two hours, even if you are indoors, as UV rays are

present everywhere. Prefer using sunscreen with SPF between 20-40.

- Wear sunglasses to protect your eyes and area around eyes whenever you go out in sun.
- Exfoliate your face and body 1-3 times a week but avoid overdoing it.
- Never sleep with makeup on your face.
- Avoid hot showers.
- Eat a healthy diet keeping your skin and hair in mind. What you eat reflects on your skin and can cure you more than any doctor.
- Always use a conditioner when you shampoo your hair to keep your hair in perfect condition.
- Exercise daily to keep away stress and elevate your mood.
- Sleep for at least eight hours daily.
- Change your pillowcase after every 3 days.
- Give yourself a weekly body and scalp massage.
- Give yourself a monthly hot oil treatment.
- Practice relaxation techniques such as meditation, yoga.
- Consult your dermatologist at least once in a year to take advice on proper skin and hair care.
- **Skin brightening mask** - Cucumber+15 almonds+1 cup oats+1/2 tsp turmeric. Grind. Mix in yogurt. Apply for 20 minutes and wash off.
- Follow the instructions of your dermatologist and consult them before using any home remedies.

Book an Appointment :- 079-66770000



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KD Hospital

कुसुम धीरजलाल हોस्पिटल



DERMATOLOGY & COSMETOLOGY

“Be good to your skin. You'll wear it everyday for the rest of your life”
- Renee Rouleau

Emergency +91 79 6677 0001

“Beautiful skin requires commitment, not a miracle.”

Our Dermatology and Cosmetology department at KD Hospital is committed to providing a wide range of therapeutic and cosmetic facilities so that you enjoy a spotless clear skin, beautiful hair, and keep away aging. We use the latest, safest, most effective, and globally proven procedures and treatments.

“Invest in your skin. It is going to represent you for a very long time.” - Linden Tyler

Therapeutic facilities

We provide treatment for:

- Acne
- Acne spots
- Acne scars
- Hairfall
- Dandruff
- Pattern hair loss in males and females (Androgenic alopecia)
- Hair loss in the form of spot baldness in patches that may overlap (Alopecia areata)
- Fungal and bacteria infections of skin
- Allergy of skin
- Itchy, dry, flaking, thick, inflamed, white, silvery, or red patches of skin due to overactive immune system (Psoriasis)
- Loss of skin colour in blotches (Vitiligo)
- Purplish, itchy, flat-topped bumps on skin (Lichen planus)
- Pemphigus vulgaris and other vesiculobullous disorders
- Autoimmune conditions of skin like SLE, MCTD, Dermatomyositis
- Skin tags, viral warts, and corn removal with laser machine (Radiocautery)

Cosmetic facilities

- Diode hair removal
 - Permanent hair reduction
- Chemical peel
 - Acne, acne scars
 - Pigmentation
 - Anti-aging
 - Under eye circle
- Microdermabrasion
 - Skin polishing and rejuvenation
- Fractional CO₂ laser treatment
 - Acne scar
 - Skin tightening and skin glow
- PRP therapy
 - Baldness
 - Hairfall
 - Acne scars
 - Skin glow
- Hair transplant surgery
- Anti-ageing treatment with Botox and fillers
- Pre-wedding beautification

Diode hair removal

This involves painless permanent hair reduction by means of exposure to pulses of laser light that destroy the hair follicle



Diode hair removal



Painless advanced exfoliation derived from nature used for acne treatment, under eye circles, wrinkles, hyperpigmentation, and decrease in turgor of skin (anti-ageing)

Microdermabrasion (Skin Polishing)



Painless procedure in which tiny exfoliating crystals are sprayed on the skin for skin polishing, smoothening, and rejuvenation in cases such as dull skin, brown spots, sun damaged and dead skin cells, and age spots

Fractional CO₂ laser treatment

Efficient, precise, and safe system used for ablating benign raised lesions, treating acne scars, warts, burn marks, anti-ageing skin tightening and rejuvenation



PRP therapy

Involves taking patient's own blood, processing it, and injecting the separated plasma into the hair and skin for hair growth and removal of acne scars, respectively.

