

UTERINE PROLAPSE

Occurs when the uterus sags or slips from its normal position and into the vagina (birth canal).

SYMPTOMS

- ▶ A pulling or heavy feeling in pelvis
- ▶ Feeling of something coming outside the vagina
- ▶ Dragging pain in lower back
- ▶ Increased vaginal discharge
- ▶ Difficulty in sexual intercourse

CYSTOCOELE / BLADDER PROLAPSE

SYMPTOMS

- ▶ Inability to completely empty the bladder.
- ▶ Need to push prolapsed part inside with fingers to be able to urinate.
- ▶ Recurring bladder infections

RECTOCOELE / RECTAL PROLAPSE

SYMPTOMS

- ▶ Inability to completely evacuate bowel
- ▶ Need to push prolapsed part inside with fingers before passing stool

TREATMENT FOR PELVIC ORGAN PROLAPSE

- ▶ Kegel exercises
- ▶ Vaginal Pessary – Plastic ring which is inserted in the vagina to keep the prolapsed organs reduced.
- ▶ Surgical (Conservative) – repair of the prolapsed part, retaining the uterus.
- ▶ Surgical (Extirpative) – Removal of the uterus and repair of the defects causing the prolapse

UROGYNAECOLOGY

A sub speciality of gynaecology that deals with female pelvic medicine & reconstructive surgery to help women with pelvic floor disorders which affect the bladder, uterus and bowel.

URINARY INCONTINENCE

Involuntary leakage of urine It may occur due to increasing age, multiple deliveries, obesity, chronic cough or constipation, certain high BP medications (Diuretics), smoking, spinal cord injury.

- ▶ Stress Urinary Incontinence – Urine leakage on laughing, coughing, lifting something heavy etc.
- ▶ Urge Incontinence – Urine leakage when rushing to the bathroom.
- ▶ Overactive Bladder – Urge to urinate even bladder is not full. May occur due to diabetes, urinary tract infection, neurological diseases, excess alcohol or caffeine intake.

Book an Appointment
079-66770000



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Kusum Dhirajlal Hospital

Vaishno Devi Circle, S.G. Road, Ahmedabad - 382421

Call On: +91 79 6677 0000

www.kdhospital.co.in

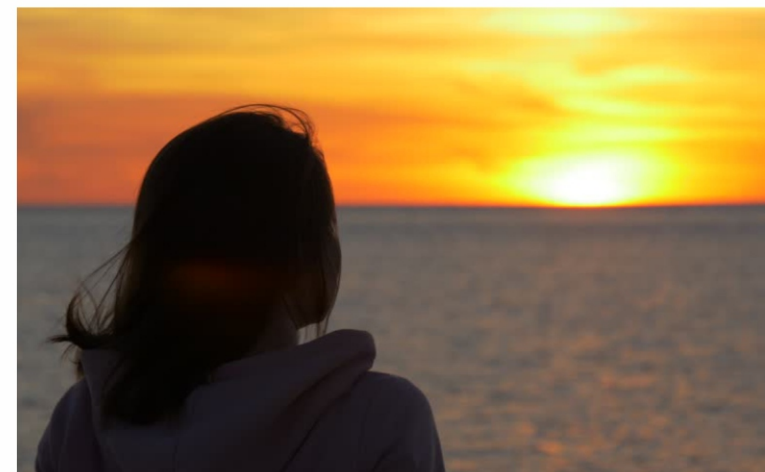
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